



JULY 19-24, 2020
DENVER, COLORADO

<https://juniornationals.adaptivesportsusa.org>

Registration live Mid-April through July 1st
Late registration through July 6th

Calling all Colorado Athletes!

We want YOU on the Colorado Team for the Adaptive Sports USA 2020 Junior Nationals.

This unique national championship will be in our backyard in Denver, CO on July 19-24. The event will be on the campus of the University of Denver, All City Stadium, Denver South High and the Denver Tennis Park and is open to young athletes (6-22) with a physical disability, visual impairment and/or intellectual impairment (limited events).

Now is the time to train and qualify! Sports include archery, paratriathlon, powerlifting, shooting, swimming and track and field with a clinic in sitting volleyball and tennis. Visit our website at juniornationals.adaptivesportsusa.org to learn about eligibility, sport rules and qualifying standards for the Junior Nationals.

The local qualifying opportunity for archery and track & field is at 5280 Challenge. Track & field classification available!

5280 Challenge
Saturday, May 30, 2020
Legacy Stadium - Cherokee Trail High School
5280challenge.com or contact Tom Southall at 5280challenge@gmail.com

Not sure where to train or how to get involved? Various programs exist in Colorado. Connect with your local sport teams such as your neighboring sport club or a Paralympic Sport Club. Not all adaptive programs in the area offer the sports at Junior Nationals. If you need help, please contact one of our Junior National sport leads below. They might not have all the answers but be a good start.

Archery: Karin Bock at bockrnr@aol.com

Paratriathlon: Jim Flint at rattlesnakejim@icloud.com

Powerlifting: Rachel Malone at minnesotamalone@gmail.com

Shooting (and archery): Chris Dorrow at cdorow@msn.com

Swimming: Char Sorensen at csorensen2@msn.com

Track & Field: Tom Southall at 5280challenge@gmail.com

Adaptive sport organizations throughout the state can be found at <https://www.teamusa.org/us-paralympics/find-a-club>. The National Sport Center for the Disabled specifically offers the Junior Nationals sports of archery and shooting in Metro Denver – please contact: Mike Rooney at MRooney@nscd.org.